



THE DISCIPLE PROJECT

Employ the following steps and questions to guide you through discipling your kids - addressing growth areas as opportunities to shape your heart and theirs in loving God and others better.

Pray and Reflect

1. What is your natural style – unconditional love or respect for authority?
2. How does your style undermine your spouse's style? How could it complement? How could you be a united and balanced team?
3. How are you drawing closer to Christ and His Word as you seek to disciple your child? What is God teaching you through even the most difficult discipline challenges?

Plan and Discern

1. What are some growth areas you see in your child?
2. What parts of the issue are about your desire to impress or be comfortable?
3. How could growing in this area help your child be a better follower of Christ?

Practice and Train

1. How will you train and teach your child about how the behavior change is about Christ-centered living? Basic connections to how this change will honor God and bless others are helpful to make versus just pleasing you or getting some external reward/avoiding punishment.
2. What are some ways you could practice the desired change? Using skits or coupling it with another fun activity can be quite helpful. Practicing before or after can often be better than right in the midst of a behavior issue depending on the mindset of the child.
3. Which discipling response (take a break, do over, joint problem solving, logical loss of privilege, etc.) will you use to help your child make the change?

Play and Connect

1. How can you move beyond behavior modification and engage in a relationship building activity, unrelated to discipline, that helps you and your child connect on a heart level?
2. What are some encouraging words you could offer your child to help them know your love and Christ's love?